

# September

## Rockingham County Schools Breakfast & Lunch Menu

<https://www.fns.usda.gov/usda-nondiscrimination-statement>

USDA is an equal opportunity provider and employer.

\*ALL menus are subject change without notice due to weather, calendar change and/or product availability\*

	MON	TUES	WED	THURS	FRI
	<p>Aug 31</p> <p><b>Breakfast</b> Assorted Breakfast Breaks(58) 8 oz. Milk(13-20)</p> <p><b>Lunch</b> BBQ Chicken Sandwich(28) Black-eyed Peas(27) Peach Cups(21) 8 oz. Milk(13-20)</p>	<p>1</p> <p><b>Breakfast</b> Breakfast Pizza(18) Fresh Orange(19) 8 oz. Milk(13-20)</p> <p><b>Lunch</b> Salisbury Steak &amp; Gravy(6) Roll(24) Mashed Potatoes(17) Fresh Orange(19) 8 oz. Milk(13-20)</p>	<p>2</p> <p><b>Breakfast</b> Assorted Breakfast Breaks(58) 8 oz. Milk(13-20)</p> <p><b>Lunch</b> BBQ Sandwich(26)/ Sloppy Joe(35) Corn(21) Applesauce Cup(14) 8 oz. Milk(13-20)</p>	<p>3</p> <p><b>Breakfast</b> Assorted Pop Tarts(36) Fresh Apple(34) 8 oz. Milk(13-20)</p> <p><b>Lunch</b> Beef Taco(29) Pinto Beans(20) Fresh Apple(34) 8 oz. Milk(13-20)</p>	<p>4</p> <p><b>Breakfast</b> Assorted Breakfast Breaks(58) 8 oz. Milk(13-20)</p> <p><b>Lunch</b> Cheeseburger(30) Baked Beans(28) Strawberry Cup(21) 8 oz. Milk(13-20)</p>
<p>5</p> <p><b>Breakfast</b> Assorted Breakfast Breaks(58) 8 oz. Milk(13-20)</p> <p><b>Lunch</b> Fiesta Kit</p>	<p>7</p> <p><b>LABOR DAY</b></p> <p><b>Breakfast</b> Assorted Breakfast Breaks(58) 8 oz. Milk(13-20)</p> <p><b>Lunch</b> Cheese Pizza(34) Carrot Sticks &amp; Dip(7) Peach Cups(21) 8 oz. Milk(13-20)</p>	<p>8</p> <p><b>Breakfast</b> Assorted Breakfast Breaks(58) 8 oz. Milk(13-20)</p> <p><b>Lunch</b> Teriyaki Bites(16) Roll(24) Green Peas(12) Fresh Orange(19) 8 oz. Milk(13-20)</p>	<p>9</p> <p><b>Breakfast</b> Assorted Breakfast Breaks(58) 8 oz. Milk(13-20)</p> <p><b>Lunch</b> Rib-B-Que on Bun(38) Corn(21) Applesauce Cup(14) 8 oz. Milk(13-20)</p>	<p>10</p> <p><b>Breakfast</b> Mini Powdered Donuts(41) Fresh Apples(34) 8 oz. Milk(13-20)</p> <p><b>Lunch</b> Beef Taco(29) Green Beans(11) Fresh Apples(34) 8 oz. Milk(13-20)</p>	<p>11</p> <p><b>Breakfast</b> Assorted Breakfast Breaks(58) 8 oz. Milk(13-20)</p> <p><b>Lunch</b> Cheeseburger(30) Baked Beans(28) Strawberry Cup(21) 8 oz. Milk(13-20)</p>
<p>6</p> <p><b>Breakfast</b> Assorted Breakfast Breaks(58) 8 oz. Milk(13-20)</p> <p><b>Lunch</b> Fiesta Kit</p>					

**SAT/SUN**

12

**Breakfast**

Assorted Breakfast  
Breaks(58)  
8 oz. Milk(13-20)

**Lunch**

Arroz Con Pollo  
(ACP)

13

**Breakfast**

Assorted Breakfast  
Breaks(58)  
8 oz. Milk(13-20)

**Lunch**

Sweet & Sour  
Teriyaki Beef Bowl

19

**Breakfast**

Assorted Breakfast  
Breaks(58)  
8 oz. Milk(13-20)

**Lunch**

Sloppy Joe

20

**Breakfast**

Assorted Breakfast  
Breaks(58)  
8 oz. Milk(13-20)

**Lunch**

Honey Mustard  
Chicken Sandwich

**MON**

14

**Breakfast**

Assorted Breakfast Breaks(58)  
8 oz. Milk(13-20)

**Lunch**

BBQ Chicken Sandwich(28)  
Black-eyed Peas(27)  
Peach Cups(21)  
8 oz. Milk(13-20)

21

**Breakfast**

Assorted Breakfast Breaks(58)  
8 oz. Milk(13-20)

**Lunch**

French Cheese Bread(28)  
Marinara(7)  
Tossed Salad(8)  
Fresh Apples(34)  
8 oz. Milk(13-20)

28

**Breakfast**

Super Donut(38)  
Canned Pineapple(16)  
8 oz. Milk(13-20)

**Lunch**

Chicken Filet Sandwich(38)  
Steamed Broccoli(5)  
Canned Pineapple(16)  
8 oz. Milk(13-20)

**TUES**

15

**Breakfast**

Breakfast Pizza(18)  
Fresh Orange(19)  
8 oz. Milk(13-20)

**Lunch**

Salisbury Steak & Gravy(6)  
Roll(24)  
Mashed Potatoes(17)  
Fresh Orange(19)  
8 oz. Milk(13-20)

22

**Breakfast**

Mini Powder Donuts(41)  
Applesauce Cup(14)  
8 oz. Milk(13-20)

**Lunch**

Cheeseburger(30)  
French Fries(15)  
Applesauce Cup(14)  
8 oz. Milk(13-20)

29

**Breakfast**

Sausage Biscuit(25)  
Fresh Oranges(19)  
8 oz. Milk(13-20)

**Lunch**

Pepperoni Pizza (NOT PORK)  
(34)  
Green Beans(5)  
Fresh Oranges(19)  
8 oz. Milk(13-20)

**WED**

16

**Breakfast**

Assorted Breakfast Breaks(58)  
8 oz. Milk(13-20)

**Lunch**

Rib-B-Que on Bun(26)  
Corn(21)  
Applesauce Cup(14)  
8 oz. Milk(13-20)

23

30

**THURS**

17

**Breakfast**

Assorted Pop Tarts(36)  
Fresh Apple(34)  
8 oz. Milk(13-20)

**Lunch**

Beef Taco(29)  
Pinto Beans(20)  
Fresh Apple(34)  
8 oz. Milk(13-20)

24

**Breakfast**

Assorted Breakfast Breaks(58)  
8 oz. Milk(13-20)

**Lunch**

French Cheese Bread(28)  
Marinara(7)  
Tossed Salad(8)  
Fresh Apples(34)  
8 oz. Milk(13-20)

**OCTOBER 1****Breakfast**

Super Donut(38)  
Canned Pineapple(16)  
8 oz. Milk(13-20)

**Lunch**

Chicken Filet Sandwich(38)  
Steamed Broccoli(5)  
Canned Pineapple(16)  
8 oz. Milk(13-20)

**FRI**

18

**Breakfast**

Assorted Breakfast Breaks(58)  
8 oz. Milk(13-20)

**Lunch**

Cheeseburger(30)  
Baked Beans(28)  
Strawberry Cup(21)  
8 oz. Milk(13-20)

25

**Breakfast**

Mini Powder Donuts(41)  
Applesauce Cup(14)  
8 oz. Milk(13-20)

**Lunch**

Cheeseburger(30)  
French Fries(15)  
Applesauce Cup(14)  
8 oz. Milk(13-20)

**OCTOBER 2****Breakfast**

Sausage Biscuit(25)  
Fresh Oranges(19)  
8 oz. Milk(13-20)

**Lunch**

Pepperoni Pizza (NOT PORK)  
(34)  
Green Beans(5)  
Fresh Oranges(19)